

# Alpha-1 Antitrypsin Deficiency – Need to Know



Team Alpha takes a well-earned break after a long bicycle ride.

## Alpha-1 Facts

- ✦ A-1AD is one of the most common serious genetic conditions in America and is more common than Cystic Fibrosis.
- ✦ Alpha-1 can cause liver disease in children or severe liver and lung disease in adults, most often causing early Emphysema.
- ✦ It is estimated that only 6,000 of the estimated 100,000 Americans with Alpha-1 have been diagnosed.
- ✦ An additional 21 million Americans are estimated to be genetic carriers of this disorder.
- ✦ A simple blood test can diagnose Alpha-1.

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## Could You Have Alpha -1?

*Are you age 20-50 and short of breath with little effort?*

*Did you quit smoking with no improvement?*

*Do you have frequent lung infections?*

*Do you have asthma, emphysema, chronic bronchitis, or bronchiectasis?*

*Do you have a family history of lung disease?*

*Do you have cirrhosis and no history of alcohol use?*

If yes, you may have inherited A-1AD. Call for info and a confidential blood test. 1-877-2-CURE-A1

## Alpha-1 Resources

[www.alphaone.org](http://www.alphaone.org)

Alpha-1 Foundation 1-877-2-CURE-A1

[www.alphaoneregistry.org](http://www.alphaoneregistry.org)

Alpha-1 carriers are encouraged to join this confidential research registry. 1-877-886-2383

[www.alphanet.org](http://www.alphanet.org)

A not-for-profit disease management company 1-800-577-ANET

[www.alpha1.org](http://www.alpha1.org)

Alpha-1 Association 1-800-521-3025

[www.liverfoundation.org](http://www.liverfoundation.org)

American Liver Foundation 1-800-GO-LIVER